

PopKinetics Tutorials and Simulations

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PopKinetics Tutorials and Simulations Introduction

A variety of test conditions can be encountered today during the various phases of experimental design and analysis in biomedical research. Some of the experimental design variables include the size of the tested populations, richness of the test data, inter-subject variability in the data, different sampling regimes, and different combinations of some or all of these areas of variability. Analytic techniques available today to the investigators include sophisticated parameter estimation methodology and the use of Bayesian priors incorporating prior beliefs. For example, advanced modeling techniques are routinely applied during drug development and administration regimen design, where they are used to investigate and quantify the variability across subjects of drug absorption, disposition, and effectiveness.

These tutorials and accompanying simulations demonstrate many of the capabilities of the SAAM Institute population kinetics application (PopKinetics) including the use and relative capabilities of both Standard Two Stage (STS) and Iterated Two Stage (ITS) analysis methods, use of the Simulator, and the ability to calculate Confidence Intervals. The tutorials cover the use of PopKinetics under various instances of model complexity, population size, and data/sampling regime richness. They also portray the flexibility and robustness of the SAAM II/PopKinetics software suite.

The simplest approach to studying the population pharmacokinetics of a group of individuals is to administer specific dose of a drug to a number of individual subjects, to monitor the level of the drug in each subject's body over a period of time, and to estimate the pharmacokinetic parameters for each subject using a single subject modeling program such as SAAM II. Afterwards, sample averages and variances of the kinetics from the individual subjects are then computed across the population to determine the statistics of that population. This is the Standard Two-Stage (STS) method in PopKinetics.

Computational Considerations. Despite the simplicity of the method, the shortcomings of the Standard Two-Stage Method are rather evident:

- no information is gained by the fact that the subjects belong to the same population;
- the inter-individual variability given by the Individual Covariance Matrix C_i is not taken into account, and this can lead to an overestimation of the Population Covariance Matrix D ;
- no measure of the precision of the estimates of Population Parameter Mean m and Population Covariance Matrix D are available.

Large between-subject variability can lead to errors in the statistics for the population when this method is used.

In the SAAM II Population Kinetics application (PopKinetics), the Iterated Two-Stage (ITS) method uses a simple recursion formula that takes the results of an STS analysis, converts all unfixed model parameters to Bayesian, and again analyzes the population. This analysis/substitution of results /analysis cycle is continued until a user-defined level of convergence is achieved. This process addresses the shortcomings of the STS method while providing a method to refine both single subject and population analyses. See the Mathematical Background section of the HELP system for additional discussion on the STS and ITS methods.

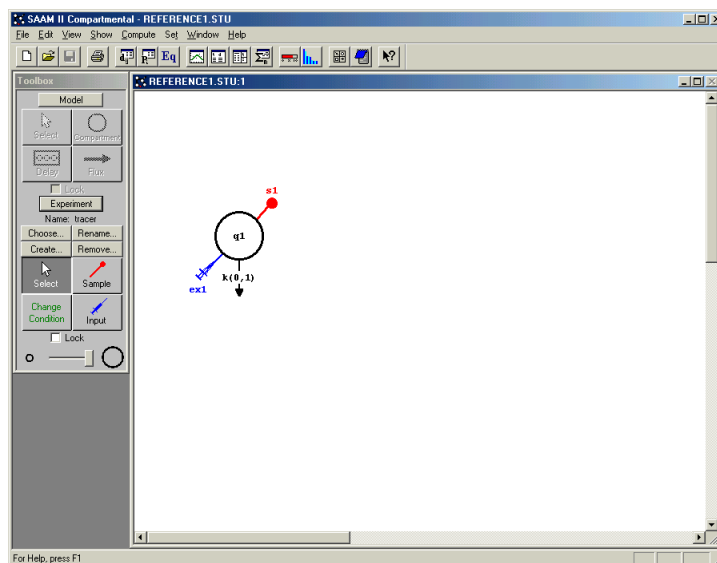
The SAAM Institute thanks Dr. Paolo Vicini both for his contributions to the development of PopKinetics and for these tutorials that illustrate some of the program's capabilities.

Simulation 1: Population analysis with low noise and many subjects

Purposes:

- Demonstrate the differences in Results from an STS Analysis and an ITS Analysis for the same large population.
- Demonstrate the effects of choosing model-based weighting or data-based weighting on the results of an analysis of a large population with low data noise.

This model is a one-compartment model that can be used to analyze data after an IV injection in the plasma compartment. We chose a dose of 1.08 ± 10^8 units and sampling ($s1 = q1/vol$) from the plasma compartment at 0.007, 0.125, 1.0, 4.0, 7.0, 9.0, 12.0 and 14.0 days. Parameter values are $k(0,1) = 0.1$ and $vol = 2000$.



We used PopKinetics to simulate 50 subjects with error in the data equal to FSD 3% and variability in the parameters equal to 20% (i.e., the parameters were $k(0,1) = 0.10 \pm 0.02$ and $vol = 2000 \pm 400$). The variances of $k(0,1)$ and vol were thus respectively $0.004 = 4E-03$ and $160000 = 1.6E+05$. This was accomplished by using the reference file `reference1.stu` and the following settings in the Create Population menu item (note that `reference1.stu` is set to use model-based weights):

Using the Reference File as a template, the Simulator generates a set of SAAM II study files with normally distributed parameter and data values.

Reference File: `C:\My Documents\Paolo\SI\Simulation 1\reference1.stu`

Base File Name: `File`

Number of files to generate: `50`

Maximum Standard Deviations from the Mean: `3`

Parameter	Type	Mean	Std.Dev.	Minimum	Maximum
<code>k(0,1)</code>	Adj	<code>1.000e-001</code>	<code>2.000e-002</code>	<code>0.000e+000</code>	
<code>vol</code>	Adj	<code>2.000e+003</code>	<code>4.000e+002</code>	<code>0.000e+000</code>	

Sample: `Data` Type: `FSD` Error Criteria: `1.0e-001` Minimum: `0.0e+000`

Data Points: Same as Reference File At all calculation points

Buttons: `Print...` `Create Files` `Close`

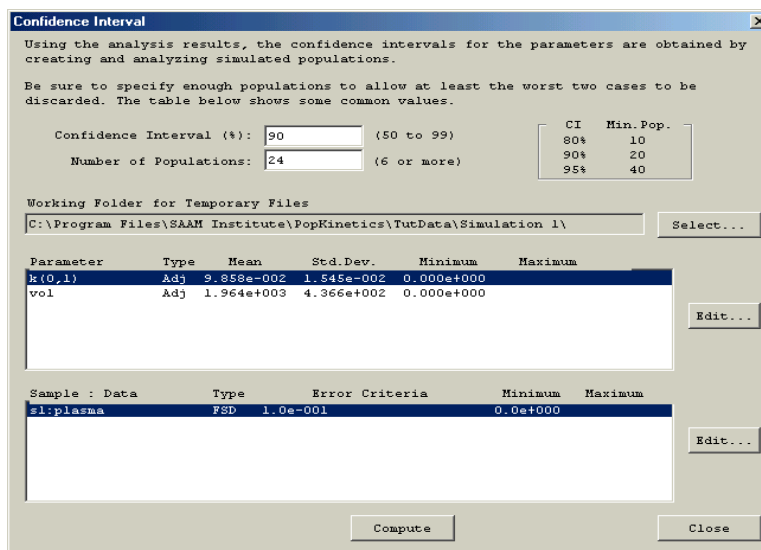
We chose a maximum of 3 standard deviations from the mean in the simulations. To do an STS analysis on the simulated data, we can load the settings in **simulation1_1.pkn**. The resulting means and standard deviations from the STS analysis are displayed after the analysis ends:

Parameter	Type	Mean	Std.Deviation	Confidence Interval
k(0,1)	Adj	9.85800e-002	1.54499e-002	-- Not Available --
vol	Adj	1.96365e+003	4.36576e+002	-- Not Available -

The covariance matrix is:

	k(0,1)	vol
k(0,1)	2.3870e-004	-8.4415e-001
vol	-8.4415e-001	1.9060e+005

Do these means and variances and covariances reflect at all the original ones? We could run a confidence interval analysis on all the parameters and see if the resulting intervals always include the true values. Using PopKinetics one can calculate the confidence interval on the parameters from any analysis, not just ITS but also STS.



The Analysis Results now contain the Confidence Interval information.

Parameter	Type	Mean	Std. Deviation	Confidence Interval
k(0,1)	Adj	9.85800e-002	1.54499e-002	9.57037e-002 to 1.02691e-001
vol.	Adj	1.96365e+003	4.36576e+002	1.85322e+003 to 2.03211e+003

The ITS analysis is (load **simulation1_2.pkn** for the right settings):

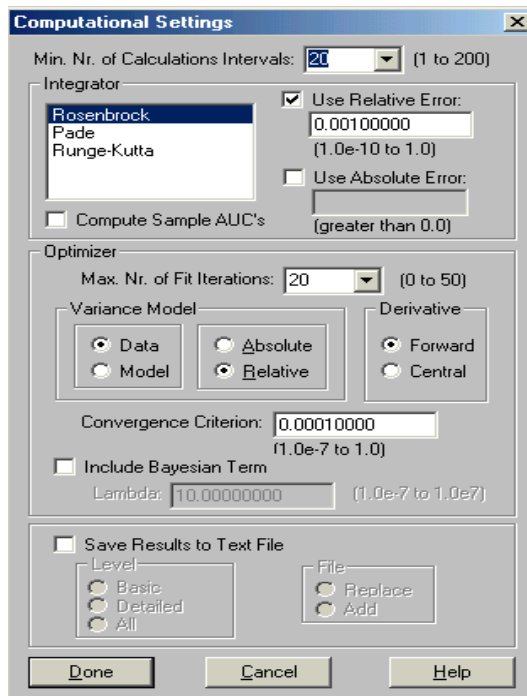
Parameter	Type	Mean	Std.Deviation	Confidence Interval
k(0,1)	Bay	9.91396e-002	1.16676e-002	9.6996e-002 to 1.0175e-001
vol	Bay	1.94799e+003	4.03687e+002	1.8561e+003 to 2.0631e+003

The covariance matrix is:

	k(0,1)	vol
k(0,1)	1.3613e-004	4.4769e-001
vol	4.4769e-001	1.6296e+005

This is just one simulation, but note how the values for the variances (and thus the standard deviations) of the parameters are closer to the actual, simulated value.

This analysis was run with Model-Based weighting. Which is more accurate, model-based or data-based weighting? We could repeat this analysis using data-based weights. Remember that you can change the weighting model by opening the Reference File in SAAM II, clicking on Compute/Settings, and changing the Variance Model settings to Data. Insure that you have selected Use Values in Reference File in the Initial Parameter Values and Limits frame of the Main PopKinetics window.



The reference file is reference2.stu, and the PopKinetics file is **simulation1_3.pkn**. STS gives the answers:

Parameter	Type	Mean	Std.Deviation	Confidence Interval
k(0,1)	Adj	9.83841e-002	1.52815e-002	9.57297e-002 to 1.02283e-001
vol	Adj	1.99581e+003	4.39946e+002	1.92672e+003 to 2.12385e+003

The covariance matrix is:

	k(0,1)	vol
k(0,1)	2.3353e-004	-6.6827e-001
vol	-6.6827e-001	1.9355e+005

which shows that there is not much difference between data-based and model-based weights in this situation of low data noise. With ITS (the PopKinetics file is **simulation1_4.pkn**) we have:

Parameter	Type	Mean	Std.Deviation	Confidence Interval
k(0,1)	Bay	9.89750e-002	1.18644e-002	9.68993e-002 to 1.01972e-001
vol	Bay	1.98156e+003	4.09549e+002	1.83522e+003 to 2.07567e+003

and the covariance matrix:

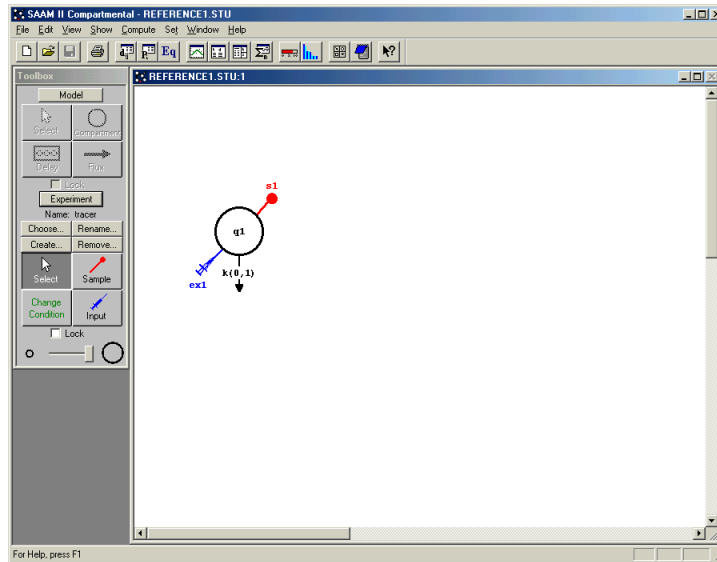
	k(0,1)	vol
k(0,1)	1.4076e-004	4.9827e-001
vol	4.9827e-001	1.6773e+005

Note how these results parallel those obtained with model-based weights, but the standard deviations have been reduced.

Simulation 2: Effect of Data Weights

Purpose: To demonstrate the effect of high data noise on a population analysis and suggest the preferred weighting model to obtain a solution.

This model has the same structure as the model in Simulation 1. It is a one-compartment model with injection in the plasma compartment. We have chosen a dose of 1.08 ± 10^8 units and sampling ($s1 = q1/vol$) from the plasma compartment at 0.007, 0.125, 1.0, 4.0, 7.0, 9.0, 12.0 and 14.0 days. Parameter values are $k(0,1) = 0.1$ and $vol = 2000$.



We used PopKinetics to simulate 50 subjects with error in the data equal to FSD 50% and variability in the parameters equal to 20% (i.e., the parameters were $k(0,1) = 0.10 \pm 0.02$ and $vol = 2000 \pm 400$). The reference file is `referenc1.stu`, and the PopKinetics file is `simulation2_1.pkn`. Here is the Create Population window:

The screenshot shows the 'Simulator' window. It contains the following fields and tables:

- Reference File: `C:\My Documents\Paolo\SI\Simulation2\referenc1.stu`
- Base File Name: `File`
- Number of files to generate: `50`
- Maximum Standard Deviations from the Mean: `3`

Parameter	Type	Mean	Std.Dev.	Minimum	Maximum
<code>k(0,1)</code>	Adj	<code>1.000e-001</code>	<code>2.000e-002</code>	<code>0.000e+000</code>	<code>0.000e+000</code>
<code>vol</code>	Adj	<code>2.000e+003</code>	<code>4.000e+002</code>	<code>0.000e+000</code>	<code>0.000e+000</code>

Sample : Data	Type	Error Criteria	Minimum	Maximum
<code>s1:plasma</code>	FSD	<code>5.0e-001</code>	<code>0.0e+000</code>	<code>0.0e+000</code>

At the bottom, there are radio buttons for 'Data Points': Same as Reference File and At all calculation points. Buttons for 'Print...', 'Create Files', and 'Close' are also present.

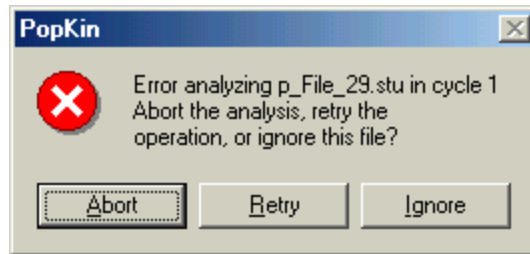
Let us run a STS analysis using model-based weights. Recall that setting the variance model for the reference file in SAAM II Compartmental under Compute/Settings can set the variance model for the population and then choose Use Reference File Values in the Initial Parameters Values and Limits frame in PopKinetics. The results are for the means and SDs:

Parameter	Type	Mean	Std.Deviation	Confidence Interval
k(0,1)	Adj	1.10021e-001	3.10612e-002	1.0333e-001 to 1.1324e-001
vol	Adj	1.98037e+003	5.68984e+002	1.9453e+003 to 2.1226e+003

and for the covariance matrix:

	k(0,1)	vol
k(0,1)	9.6480e-004	-9.2769e+000
vol	-9.2769e+000	3.2374e+005

Using reference2.stu, and the PopKinetics file **simulation2_2.pkn** for data-based weighting, we have an error in p_File_29.stu:



By inspection, we see that the first two data points are obviously outliers:

```
DATA
(FSD 5.00000e-001)
      t          plasma
7.00000e-003  2.61397e+004 (-)
1.00000e+000  6.91172e+003 (-)
4.00000e+000  8.49702e+004
5.00000e+000  7.07800e+004
7.00000e+000  4.62941e+004
9.00000e+000  1.62127e+004
1.10000e+001  1.77876e+004
1.20000e+001  2.27559e+004
1.40000e+001  2.08666e+004
END
```

(the same happens for p_File_30.stu at t=5 and p_File_40.stu at t=4 and p_File_43.stu at t=7). Analysis results are:

Parameter	Type	Mean	Std.Deviation	Confidence Interval
k(0,1)	Adj	1.50276e-001	1.00322e-001	-- Not Available --
vol	Adj	2.75289e+003	1.66974e+003	-- Not Available --

for the means and standard deviations, and

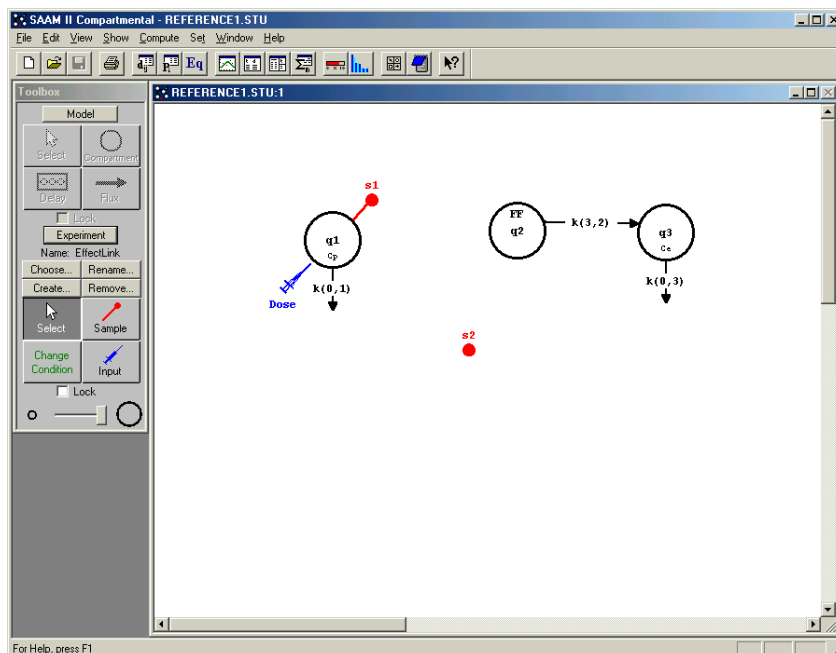
	k(0,1)	vol
k(0,1)	1.0064e-002	-6.9554e+001
vol	-6.9554e+001	2.7880e+006

for the covariance matrix. These results suggest that, with this high level of noise, model-based weighting is preferable.

Simulation 3: Population analysis of a PK/PD model

Purpose: To compare results on an STS analysis and an ITS analysis of a population containing a very rich sampling schedule.

The model is an effect-link model where the pharmacokinetics of a compound after IV administration of a bolus dose of 1000 units follow a one-compartment disposition with $k(0,1)=0.4$ and $V=10$. The measured concentration is $s1=q1/V$. The pharmacodynamic model is a link model where concentration in a remote, effect compartment is linked to the effect through the equation $s2 = Emax * Ce^n / (Ce^n + EC50^n)$, where $Emax=450.0$, $n=0.9$ and $EC50=0.5$. $Ce=q3$ is computed from the differential equation $q3' = +k(3,2)*q2.FF - k(0,3)*q3$, where $k(3,2)=k(0,3)=ke0=0.5$ and $q2.FF=s1$. Measurement error was constant $SD=5$ for the PK and constant $FSD=0.03$ for the PD. The original reference file is in reference.stu.



We simulated 100 experimental subjects for this dataset. Simulated parameter values were as follows:

Simulator

Using the Reference File as a template, the Simulator generates a set of SAAM II study files with normally distributed parameter and data values.

Reference File: C:\My Documents\Paolo\SI\Simulation3\referencel.stu

Base File Name: File

Number of files to generate: 100

Maximum Standard Deviations from the Mean: 3

Parameter	Type	Mean	Std.Dev.	Minimum	Maximum
EC50	Adj	5.000e+000	1.000e+000	0.000e+000	0.000e+000
Emax	Adj	4.500e+002	5.000e+001	0.000e+000	0.000e+000
k(0,1)	Adj	4.000e-001	4.000e-002	0.000e+000	0.000e+000
ke0	Adj	5.000e-001	2.000e-001	0.000e+000	0.000e+000
n	Adj	9.000e-001	4.000e-001	0.000e+000	0.000e+000
V	Adj	1.000e+001	2.000e+000	0.000e+000	0.000e+000

Edit...

Sample : Data	Type	Error Criteria	Minimum	Maximum
s1:plasma	SD	5.0e+000	0.0e+000	0.0e+000
s2:effect	FSD	3.0e-002	0.0e+000	0.0e+000

Edit...

Data Points: Same as Reference File At all calculation points

Print... Create Files Close

For the analysis, increase the number of iterations in the reference file to 50 and use central differencing (the settings are in `reference1.stu` and, for the population analysis, in **simulation3_1.pkn**). We start with a STS analysis. We skip files #48, #63 and #95, where the simulation resulted in an unlikely combination of parameters. From the remaining 97 files, the STS analysis gives:

Parameter	Type	Mean	Std.Deviation	Confidence Interval
EC50	Adj	5.59984e+000	6.49054e+000	-- Not Available --
Emax	Adj	4.44427e+002	5.97240e+001	-- Not Available --
V	Adj	1.02204e+001	2.06604e+000	-- Not Available --
k(0,1)	Adj	3.96624e-001	5.09430e-002	-- Not Available --
ke0	Adj	5.50985e-001	2.47054e-001	-- Not Available --
n	Adj	9.56350e-001	4.01957e-001	-- Not Available --

(to be compared to the original parameters which were $EC50=5\pm 1$, $Emax=450\pm 50$, $V=10\pm 2$, $k(0,1)=0.40\pm 0.04$, $ke0=0.5\pm 0.2$ and $n=0.9\pm 0.4$) and for the covariance matrix:

	EC50	Emax	V	k(0,1)	ke0	n
EC50	4.2127e+001	1.4267e+002	-1.6242e+000	-2.2182e-002	-8.6925e-002	-5.9348e-001
Emax	1.4267e+002	3.5670e+003	-1.1779e+001	5.8458e-002	1.5906e-001	2.3370e-001
V	-1.6242e+000	-1.1779e+001	4.2685e+000	-8.8659e-003	3.3407e-002	-5.6772e-002
k(0,1)	-2.2182e-002	5.8458e-002	-8.8659e-003	2.5952e-003	1.1095e-005	-7.3031e-004
ke0	-8.6925e-002	1.5906e-001	3.3407e-002	1.1095e-005	6.1036e-002	2.4229e-003
n	-5.9348e-001	2.3370e-001	-5.6772e-002	-7.3031e-004	2.4229e-003	1.6157e-001

There are some differences, especially for $ke0$ and n . The discrepancies are not dramatic, however the question arises if we can improve this result using ITS. Conditions for this PopKinetics run are in **Simulation3_2.pkn**. Results of the ITS run are:

Parameter	Type	Mean	Std.Deviation	Confidence Interval
EC50	Bay	4.77597e+000	9.51370e-001	-- Not Available --
Emax	Bay	4.45864e+002	4.84649e+001	-- Not Available --
V	Bay	1.01916e+001	1.98985e+000	-- Not Available --
k(0,1)	Bay	3.96403e-001	3.53682e-002	-- Not Available --
ke0	Bay	5.40074e-001	2.22619e-001	-- Not Available --
n	Bay	9.43838e-001	3.98846e-001	-- Not Available --

and for the covariance matrix:

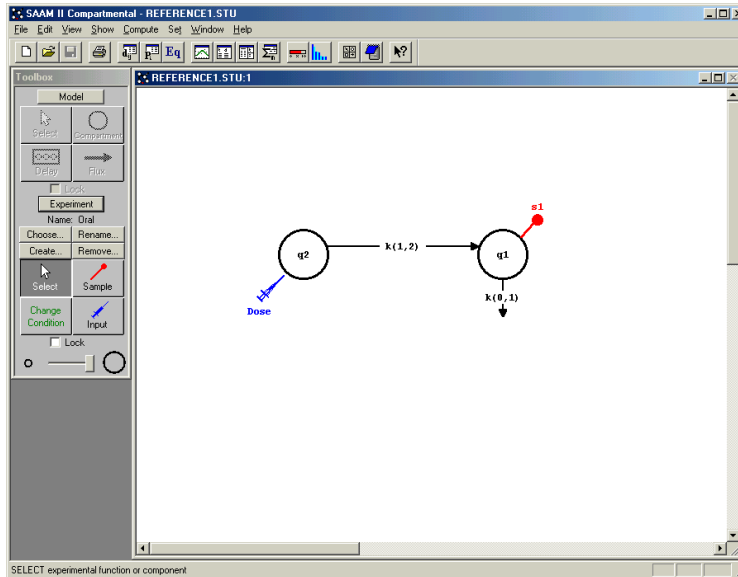
	EC50	Emax	V	k(0,1)	ke0	n
EC50	9.0511e-001	-1.4743e+001	-3.8058e-002	9.0454e-004	1.5798e-002	-3.3412e-002
Emax	-1.4743e+001	2.3488e+003	-5.9356e+000	-3.2010e-001	3.2131e-001	1.8825e-003
V	-3.8058e-002	-5.9356e+000	3.9595e+000	4.0682e-003	9.2052e-003	-7.1240e-002
k(0,1)	9.0454e-004	-3.2010e-001	4.0682e-003	1.2509e-003	1.7957e-003	1.1868e-003
ke0	1.5798e-002	3.2131e-001	9.2052e-003	1.7957e-003	4.9559e-002	1.0703e-003
n	-3.3412e-002	1.8825e-003	-7.1240e-002	1.1868e-003	1.0703e-003	1.5908e-001

The conclusion is that, with this very rich sampling schedule, we cannot improve significantly on the estimation of the parameters using ITS. However, we can reduce the standard deviations of the parameter means using an ITS analysis.

Simulation 4: Population analysis of a pharmacokinetic model with rich sampling schedule

Purpose: To compare results on an STS analysis and an ITS analysis of a population containing a very rich sampling schedule.

The model is a one-compartment model with first-order absorption, suitable for modeling oral dosing pharmacokinetic data. We have chosen a dose of 100 units and sampling ($s1 = q1/vol$) from the serum compartment at 5, 10, 50, 100, 150, 200, 300 and 390 minutes. Parameter values are $CL = k(0,1) \cdot Vc = 0.15$, $Vc = 30$ and $Ka = k(1,2) = 0.05$. Bioavailability of the compound is assumed equal to 100%.



We used PopKinetics to simulate 100 subjects with error in the data equal to SD 0.1 and variability in the parameters given by $CL = 0.15 \pm 0.05$, $Ka = 0.05 \pm 0.01$ and $Vc = 30 \pm 3$. The reference file is reference1.stu. Here is the Create Population window:

The Simulator window displays the following configuration:

- Reference File: C:\My Documents\Paolo\SI\Simulation4\reference1.stu
- Base File Name: File
- Number of files to generate: 100
- Maximum Standard Deviations from the Mean: 3

Parameter	Type	Mean	Std.Dev.	Minimum	Maximum
CL	Adj	1.500e-001	5.000e-002	0.000e+000	0.000e+000
Ka	Adj	5.000e-002	1.000e-002	0.000e+000	0.000e+000
Vc	Adj	3.000e+001	3.000e+000	0.000e+000	0.000e+000

Sample	Data	Type	Error Criteria	Minimum	Maximum
s1	serum	SD	1.0e-001	0.0e+000	0.0e+000

Data Points: Same as Reference File At all calculation points

Analyzing the population in population analysis **simulation4_1.pkn** with STS, we obtain:

Parameter	Type	Mean	Std.Deviation	90% Confidence Interval
CL	Adj	1.51204e-001	4.64049e-002	1.4651e-001 to 1.5739e-001
Ka	Adj	4.94166e-002	1.09128e-002	4.7900e-002 to 5.0815e-002
Vc	Adj	2.94190e+001	3.24756e+000	2.8851e+001 to 2.9914e+001

and for the covariance matrix:

	CL	Ka	Vc
CL	2.1534e-003	-8.7138e-006	-8.6352e-003
Ka	-8.7138e-006	1.1909e-004	2.6939e-003
Vc	-8.6352e-003	2.6939e-003	1.0547e+001

With ITS in population analysis **simulation4_2.pkn**, the results are very similar for means:

Parameter	Type	Mean	Std.Deviation	90% Confidence Interval
CL	Bay	1.51229e-001	4.56499e-002	1.4717e-001 to 1.6030e-001
Ka	Bay	4.88009e-002	9.29470e-003	4.6526e-002 to 4.9553e-002
Vc	Bay	2.92934e+001	2.72023e+000	2.8673e+001 to 2.9571e+001

and the covariance matrix:

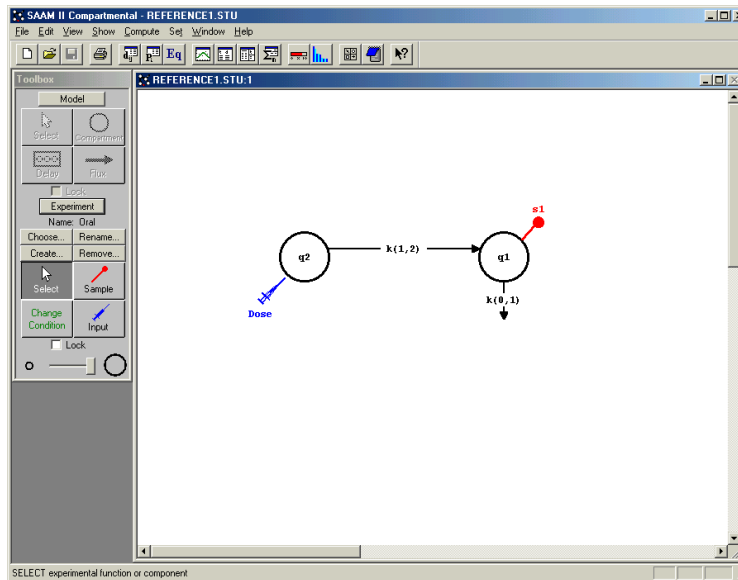
	CL	Ka	Vc
CL	2.0839e-003	4.4391e-006	-3.6305e-003
Ka	4.4391e-006	8.6391e-005	-4.1232e-003
Vc	-3.6305e-003	-4.1232e-003	7.3996e+000

When the sampling is rich as in this case, population analysis methods do not significantly improve the goodness of the estimates. However, we can reduce the parameter mean standard deviations using an ITS analysis. As expected, the STS results remain within the ITS results Confidence Intervals

Simulation 5: Population analysis of a pharmacokinetic model with parsimonious sampling schedule and small variability

Purpose: To demonstrate the value of an ITS analysis on a population with parsimonious sampling schedule and small variability when compared to an STS analysis.

The model is a one-compartment model with first-order absorption, suitable for modeling oral dosing pharmacokinetic data. We have chosen a dose of 100 units and sampling ($s1 = q1/vol$) from the serum compartment at 10, 50, 100, and 390 minutes. Parameter values are $CL = k(0,1)*Vc = 0.15$, $Vc = 30$ and $Ka = k(1,2) = 0.05$. Bioavailability of the compound is assumed equal to 100%.



We used PopKinetics to simulate 100 subjects with error in the data equal to SD 0.1 and variability in the parameters given by $CL = 0.15 \pm 0.05$, $Ka = 0.05 \pm 0.01$ and $Vc = 30 \pm 3$. The reference file is reference1.stu. Here is the Create Population window:

Using the Reference File as a template, the Simulator generates a set of SAAM II study files with normally distributed parameter and data values.

Reference File:

Base File Name:

Number of files to generate:

Maximum Standard Deviations from the Mean:

Parameter	Type	Mean	Std.Dev.	Minimum	Maximum
CL	Adj	1.500e-001	5.000e-002	0.000e+000	0.000e+000
Ka	Adj	5.000e-002	1.000e-002	0.000e+000	0.000e+000
Vc	Adj	3.000e+001	3.000e+000	0.000e+000	0.000e+000

Sample	Data	Type	Error Criteria	Minimum	Maximum
s1	serum	SD	1.0e-001	0.0e+000	0.0e+000

Data Points
 Same as Reference File At all calculation points

Note that four points is the absolute minimum to analyze such a model. Analyzing the data with STS, we have to skip file #12, where the last data point is an outlier. Settings are in Simulation5_1.pkn. We obtain:

Parameter	Type	Mean	Std.Deviation	77% Confidence Interval
CL	Adj	1.41416e-001	5.23884e-002	1.3376e-001 to 1.4717e-001
Ka	Adj	5.15066e-002	1.42340e-002	5.0276e-002 to 5.3536e-002
Vc	Adj	3.03556e+001	3.86837e+000	2.9937e+001 to 3.0877e+001

and for the covariance matrix:

	CL	Ka	Vc
CL	2.7445e-003	5.1889e-005	-8.3153e-004
Ka	5.1889e-005	2.0261e-004	1.1871e-002
Vc	-8.3153e-004	1.1871e-002	1.4964e+001

With ITS (settings are in Simulation5_2.pkn) we still have to ignore #12. The results are very similar for the means, but the standard deviations are somewhat closer to the actual values:

Parameter	Type	Mean	Std.Deviation	75% Confidence Interval
CL	Bay	1.41169e-001	5.15701e-002	1.3385e-001 to 1.4821e-001
Ka	Bay	5.11595e-002	1.32463e-002	5.0632e-002 to 5.3316e-002
Vc	Bay	3.03068e+001	3.44124e+000	3.0238e+001 to 3.0626e+001

The covariance matrix is:

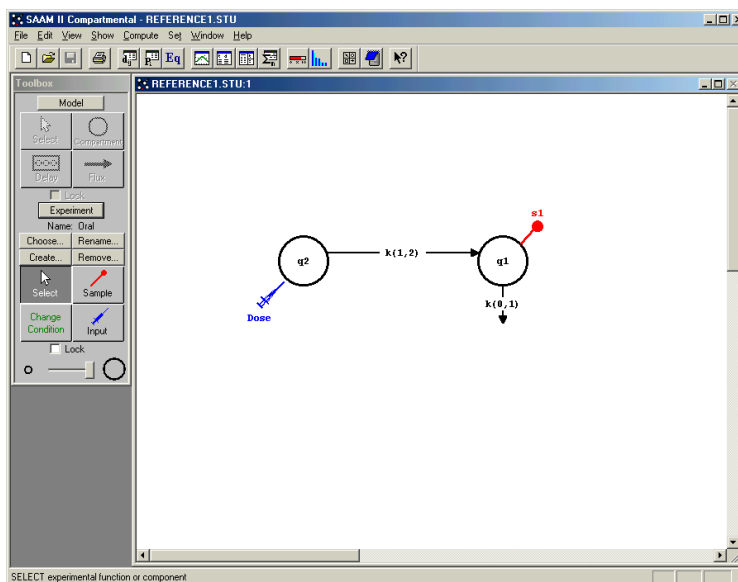
	CL	Ka	Vc
CL	2.6595e-003	6.9060e-005	5.0511e-003
Ka	6.9060e-005	1.7546e-004	4.3630e-003
Vc	5.0511e-003	4.3630e-003	1.1842e+001

As expected, the STS parameter means are within the ITS Confidence Interval.

Simulation 6: Population analysis of a pharmacokinetic model with parsimonious sampling schedule and large variability

Purpose: To demonstrate the value of an ITS analysis on a population with parsimonious sampling schedule and large variability when compared to an STS analysis.

The model is a one-compartment model with first-order absorption, suitable for modeling oral dosing pharmacokinetic data. We have chosen a dose of 100 units and sampling ($s1 = q1/vol$) from the serum compartment at 10, 50, 100, and 390 minutes. Parameter values are $CL = k(0,1)*Vc = 0.15$, $Vc = 30$ and $Ka = k(1,2) = 0.05$. Bioavailability of the compound is assumed equal to 100%.



We used PopKinetics to simulate 100 subjects with error in the data equal to SD 0.5 (increased with respect to the previous example) and variability in the parameters given by $CL = 0.15 \pm 0.10$, $Ka = 0.05 \pm 0.03$ and $Vc = 30 \pm 10$. This time, we also tolerate 4 standard deviations from the mean, as opposed to 3. The reference file is reference.stu. Here is the Create Population window:

Using the Reference File as a template, the Simulator generates a set of SAAM II study files with normally distributed parameter and data values.

Reference File:

Base File Name:

Number of files to generate:

Maximum Standard Deviations from the Mean:

Parameter	Type	Mean	Std.Dev.	Minimum	Maximum
CL	Adj	1.500e-001	1.000e-001	0.000e+000	
Ka	Adj	5.000e-002	3.000e-002	0.000e+000	
Vc	Adj	3.000e+001	1.000e+001	0.000e+000	

Sample	Data	Type	Error Criteria	Minimum	Maximum
s1:serum		SD	5.0e-001	0.0e+000	

Data Points
 Same as Reference File
 At all calculation points

Note that four points is the absolute minimum to analyze such a model. Analyzing the data with STS, we have to skip file 2, 7, 8, 20, 21, 22, 27, 31, 32, 42, 49, 52, 57, 60, 67, 69, 70, 80, 84, 96, 98, 99 and 100 (23 files out of 100). Settings are in **Simulation6_1.pkn**. We obtain:

Parameter	Type	Mean	Std.Deviation	Confidence Interval
CL	Adj	1.31218e-001	8.50544e-002	-- Not Available --
Ka	Adj	8.37675e-002	5.24761e-002	-- Not Available --
Vc	Adj	3.35566e+001	1.70196e+001	-- Not Available -

and for the covariance matrix:

	CL	Ka	Vc
CL	7.2343e-003	3.3139e-004	2.7434e-002
Ka	3.3139e-004	2.7537e-003	2.3422e-001
Vc	2.7434e-002	2.3422e-001	2.8967e+002

With ITS (settings are in **Simulation6_2.pkn**) we still have to ignore the same files (the setting in Simulation6_2.pkn is to skip the file with error and continue). The results are very similar for the means, but note how the standard deviations have been reduced:

Parameter	Type	Mean	Std.Deviation	Confidence Interval
CL	Bay	1.30331e-001	7.01776e-002	-- Not Available --
Ka	Bay	6.92999e-002	2.63854e-002	-- Not Available --
Vc	Bay	3.10279e+001	1.18780e+001	-- Not Available -

The covariance matrix is:

	CL	Ka	Vc
CL	4.9249e-003	2.3855e-004	-6.5492e-002
Ka	2.3855e-004	6.9619e-004	-7.1118e-003
Vc	-6.5492e-002	-7.1118e-003	1.4109e+002

Also, the means for Ka and Vc have become closer to the true values we defined in the simulation.

Simulation 7: Simulating and analyzing log-normally distributed populations

Purpose: To demonstrate the value of an ITS analysis on a population with parameters with a log-normal distribution when compared to an STS analysis.

Sometimes, parameters in a population are distributed log-normally as opposed to normally. This means that the logarithm of the parameter follows a log-normal distribution, as opposed to the parameter itself. Let us consider a one-compartment model with first-order absorption, suitable for modeling oral dosing pharmacokinetic data. Let us choose a dose of 100 units and sampling ($s1 = q1/vol$) from the serum compartment at 10, 50, 100, and 390 minutes. Parameters are $CL = k(0,1)*Vc$, Vc and $Ka = k(1,2)$. Bioavailability of the compound is assumed equal to 100%. Let us assume that CL and Ka are log-normally distributed. This means that $\log[CL]$ and $\log[Ka]$ are normally distributed. One can simulate log-normal distributions in PopKinetics, and choose whether to analyze the data with normal or log-normal assumptions. Note that for coefficients of variation close to 5% or less, the log-normal and the normal distributions essentially coincide.

We have modeled a log-normal distribution with medians 0.15 and 0.05 respectively by writing the following equations in the Equation Window of the reference file reference.stu:

$$CL = \exp(\log CL)$$

$$Ka = \exp(\log Ka)$$

Note that CL and Ka can never be negative: that's an advantage of this parameterization. If $\log CL$ and $\log Ka$ are normally distributed, then the logarithm of CL and Ka is also normally distributed, as we can write:

$$\log[CL] = \log CL$$

$$\log[Ka] = \log Ka$$

We chose the random effects to be mean zero and standard deviation 0.1 for $\log CL$ and 0.03 for $\log Ka$. The simulation window is as follows:

Using the Reference File as a template, the Simulator generates a set of SAAM II study files with normally distributed parameter and data values.

Reference File: C:\My Documents\Paolo\SI\Simulation7\reference.stu

Base File Name: File

Number of files to generate: 100

Maximum Standard Deviations from the Mean: 3

Parameter	Type	Mean	Std.Dev.	Minimum	Maximum
logCL	Adj	-1.900e+000	1.000e-001		
logKa	Adj	-3.000e+000	3.000e-002		
Vc	Adj	3.000e+001	1.000e+001	0.000e+000	

Sample	Data	Type	Error Criteria	Minimum	Maximum
s1:serum		SD	5.0e-001	0.0e+000	

Data Points
 Same as Reference File At all calculation points

Print... Create Files Close

One can choose to analyze the files assuming either a Gaussian or a log-normal distribution. The results would be different as these are two different population models. Let us analyze these simulated data with the original parameterization. We can use reference.stu for this purpose. Files 8, 15, 16, 17, 18, 30, 32, 38, 44, 48, 50, 54, 56, 61, 62, 70, 76, 80, 86, 97, 98 and 100 (22 files out of 100) did not converge and were skipped. STS analysis (setup in **Simulation7_1.pkn**) gives:

Parameter	Type	Mean	Std.Deviation	Confidence Interval
Vc	Adj	3.25823e+001	1.20141e+001	-- Not Available --
logCL	Adj	-2.01868e+000	3.46139e-001	-- Not Available --
logKa	Adj	-2.83932e+000	5.11667e-001	-- Not Available -

and for the covariance matrix:

	Vc	logCL	logKa
Vc	1.4434e+002	-8.1223e-001	2.6455e+000
logCL	-8.1223e-001	1.1981e-001	4.9105e-004
logKa	2.6455e+000	4.9105e-004	2.6180e-001

ITS analysis (settings are in **Simulation7_2.pkn**) improves considerably the estimation of the standard deviations of logCL and Vc:

Parameter	Type	Mean	Std.Deviation	Confidence Interval
Vc	Bay	3.21717e+001	8.15831e+000	-- Not Available --
logCL	Bay	-1.98037e+000	1.90126e-001	-- Not Available --
logKa	Bay	-2.78198e+000	2.71313e-001	-- Not Available -

and for the covariance matrix:

	Vc	logCL	logKa
Vc	6.6558e+001	1.6945e-001	3.0848e-001
logCL	1.6945e-001	3.6148e-002	1.6880e-002
logKa	3.0848e-001	1.6880e-002	7.3611e-002

Note how the standard deviation estimates are reduced with ITS with respect to STS. Also, the means for Ka and Vc are closer to the true values we defined in the simulation.

Simulation 8: Monte Carlo simulations of individual data sets

Purpose: To provide an example of the Monte Carlo simulation capability contained in PopKinetics.

Monte Carlo simulation can be used to calculate better confidence intervals for an individual analysis than those available from asymptotic statistics like those available from the Statistics Window in SAAM II. We will use for this purpose the example file study_0.stu distributed with SAAM II. If one fits that file using model-based relative weights and (FSD 0.1) in the Data window, the information from the Statistics Window is:

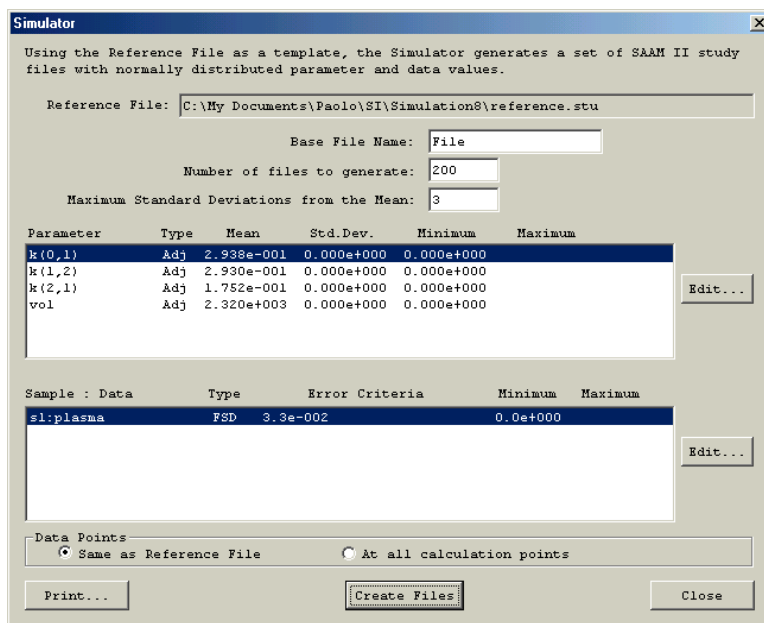
Parameter/Variable	Value	Std. Dev.	Coef. Of Var.	95% Confidence Interval	
k(0,1)	0.29384	1.40311e-002	4.77513e+000	0.26295	0.32472
k(1,2)	0.29299	7.66637e-002	2.61658e+001	0.12426	0.46173
k(2,1)	0.17524	1.90604e-002	1.08767e+001	0.13329	0.21719
vol	2320.07572	3.84341e+001	1.65659e+000	2235.48258	2404.66885

and the objective function information is:

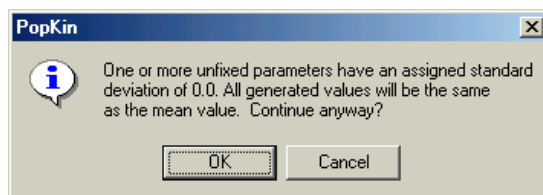
	Objective	Scaled Data Variance
s1 : plasma	1.337451e+001	1.120733e-001

Total objective	1.337451e+001	
AIC	7.939526e+000	
BIC	8.057534e+000	

Suppose one wonders if the statistics are adequate and the confidence intervals for the parameters are well calculated. Monte Carlo simulation allows testing such a hypothesis, provided the statistics of the measurement error are known. It is based on simulating a large number of synthetic data sets and calculating the average estimate for all the synthetic data sets. For the simulation, we will use a measurement error based on our initial estimate in the data file (FSD 10%) and the Scaled Data Variance from the solution Objective Function information (0.1120733). The simulation measurement error, or relative error, is thus $\sqrt{0.1120733} \times 0.10$ for a simulation data error of FSD 0.3347735. in the file reference.stu. The simulation window is as follows:



As we are interested only in the effect of the measurement error, we do not allow the parameters to vary (there is no between-individual variation). This warning will appear:



but we will proceed and click “OK”. STS analysis (setup in **Simulation8_1.pkn**) of the simulated data gives:

Parameter	Type	Mean	Std.Deviation	Confidence Interval
k(0,1)	Adj	2.91144e-001	1.47694e-002	-- Not Available --
k(1,2)	Adj	2.93114e-001	6.95022e-002	-- Not Available --
k(2,1)	Adj	1.79673e-001	1.78971e-002	-- Not Available --
vol	Adj	2.31999e+003	3.72195e+001	-- Not Available -

thus showing that, under these circumstances of rather low data noise, the asymptotic error for the parameter estimates is quite appropriate.